



**LIVE
CLEAR
OF CATARACTS**

Start your journey
toward a future
without cataracts.

Alcon

A photograph of two men fishing in a boat, overlaid with a green gradient. The man on the left is wearing a plaid shirt and a hat, and the man on the right is wearing a light-colored vest and a hat. They are both looking towards the right, holding fishing rods.

TAKE CONTROL OF YOUR VISION

UNDERSTANDING EYE CONDITIONS

FACTS ABOUT CATARACTS

Cataracts are a buildup of proteins within the lens of the eye. They develop gradually as our eyes get older, and 153 million people worldwide live with visual impairment due to uncorrected refractive errors, including cataracts.¹

If you have cataracts, you may have noticed:²

- Clouded, blurred, or dim vision
- Reduced quality of night vision
- Light sensitivity
- Difficulty reading
- Frequent changing of glasses prescription
- Fading of colors
- Double vision in a single eye

UNDERSTANDING ASTIGMATISM

Astigmatism is a common defect in the shape of a cornea that blurs vision and distorts light before it reaches the lens of the eye. If you have astigmatism but don't get it corrected during cataract surgery, you may still need to wear glasses after the procedure.

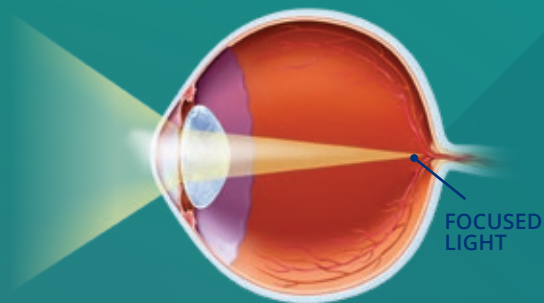
CLARIFYING PRESBYOPIA

Presbyopia causes you to lose the ability to focus on nearby objects. It's the gradual stiffening of the lens of your eye, which is often still able to focus on distant objects but cannot flex properly for sharp, close-up vision.

GET CLEAR ABOUT CATARACTS

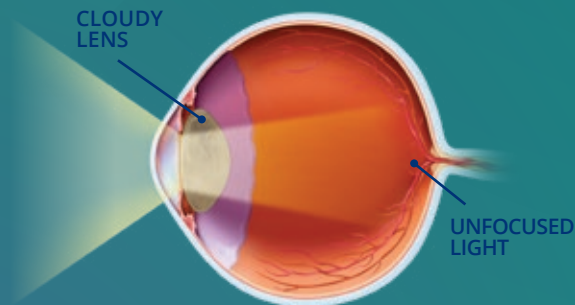
Cataract surgery is one of the safest, most common, and most effective procedures performed today.² It's an opportunity to correct cataracts as well as other eye conditions, such as astigmatism and presbyopia. And the procedure can have a transformative impact on your vision, which may affect many other areas of your health and your happiness.³

HEALTHY EYE

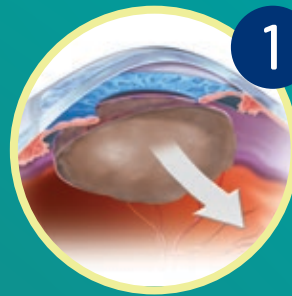


VS

EYE WITH CATARACT



CATARACT SURGERY AT A GLANCE



1

CATARACT REMOVAL

Through a tiny incision, the surgeon removes your clouded lens.



2

LENS INSERTION

The surgeon replaces your original lens with a new, artificial lens.



3

VISION RENEWED

With a new lens, you'll be free from cataracts.

SEE LIFE DIFFERENTLY



CATARACT SURGERY: WHAT TO EXPECT



GET READY: *Before Surgery*

Your vision symptoms will be assessed during an eye exam to diagnose cataracts and your doctor will conduct tests to evaluate your Intraocular Lens (IOL) options.



GET SET: *Day of Surgery*

The procedure requires a topical anesthetic with a tiny incision. You will recover at home the same day.



SEE: *Life After Cataract Surgery*

After your procedure, you will discover renewed clarity in your vision. Life without cataracts is yours to explore.

MOVING FORWARD

1-2 DAYS *After Surgery*

You'll have a follow-up appointment the first or second day after surgery, and you may find you have good vision within a few days of surgery. You may notice some glare with bright lights or halos around lights at night. These will become less noticeable over time.⁴

1-3 WEEKS *After Surgery*

Once your vision has stabilized, depending on your lens, you may be able to more easily enjoy activities like reading, ordering from menus, and doing your makeup or shaving without having to reach for your glasses all the time.⁵

1 YEAR *After Surgery*

Your vision shouldn't change at this point, but you should visit your eye doctor at least once every 2 years if you are under 65. Schedule a visit at least annually if you are 65 and over, or if you notice any changes in your vision.⁶

KNOW YOUR OPTIONS. FUEL YOUR FUTURE.



MORE THAN 120 MILLION ACRYSOF®
LENSES IMPLANTED WORLDWIDE⁹

PRESBYOPIA-CORRECTING LENSES

Presbyopia-correcting lenses help reduce the need for glasses at all distances.⁵ The options for presbyopia lenses include:

Trifocal lens

With a trifocal lens, you'll be able to see up close, far away, and at arm's length. It enhances your vision for clear, complete focus and can reduce your need to wear glasses.⁷

Extended vision lens

Extended vision lenses provide enhanced vision far away and at arm's length, as well as functional near vision.⁸












MONOFOCAL LENS

A monofocal lens is a basic cataract replacement lens that helps reduce the need for glasses at far distances. And while you may be able to see with clarity far away, you will likely still need glasses to see up close and at arm's length. If you have astigmatism, you will likely need glasses at all distances.⁵

MAKE SHARPER SIGHT YOURS

Monofocal
Lens

Presbyopia-
Correcting
Lenses

	Monofocal Lens	Presbyopia-Correcting Lenses
DISTANCE VISION 		
INTERMEDIATE VISION 		
NEAR VISION 		
AVAILABLE IN TORIC ASTIGMATISM-CORRECTING TECHNOLOGY		

SIMULATED IMAGES

Presbyopia-correcting and monofocal lenses come in toric versions. With a toric version, **you can correct astigmatism** while also maintaining all of the vision benefits of the lens.

BRIGHTER VIEW. BRIGHTER YOU.

You have a choice in what your future looks like. The cataract replacement lens you choose can have a big impact on what you can see—and what you can do.

YOUR VISION. YOUR CHOICE.

Whether it's reading, gardening, or driving, we rely on the quality and range of our vision every day. Learning about what you see and do at certain distances can help you gain a better understanding of what you want to see in your future.

Lenses are available with astigmatism-correcting technology.



Monofocal Lens

The standard cataract replacement lens helps reduce the need for glasses at far distances. You will still need glasses for reading and other activities.^{5, 8}



Presbyopia-Correcting Lenses

Trifocal lenses and extended vision lenses help reduce the need for glasses at all distances.^{5, 8}

Talk to your doctor about which presbyopia-correcting lens is right for you.

TALK TO YOUR DOCTOR

If you have questions about cataracts, you're not alone. Share your questions about cataracts and your hopes for your vision with your doctor.

CATARACT SURGERY

- What are the basics of cataract surgery?
- What are my intraocular lens options?

GETTING READY

- How should I prepare for cataract surgery?
- Does my health insurance cover cataract surgery?

YOUR OPTIONS

- Which intraocular lens do you recommend for me?
- Will my lens correct my astigmatism?

LIFE AFTER CATARACT SURGERY

- What will my vision be like after cataract surgery?
- Will I still need glasses after surgery?

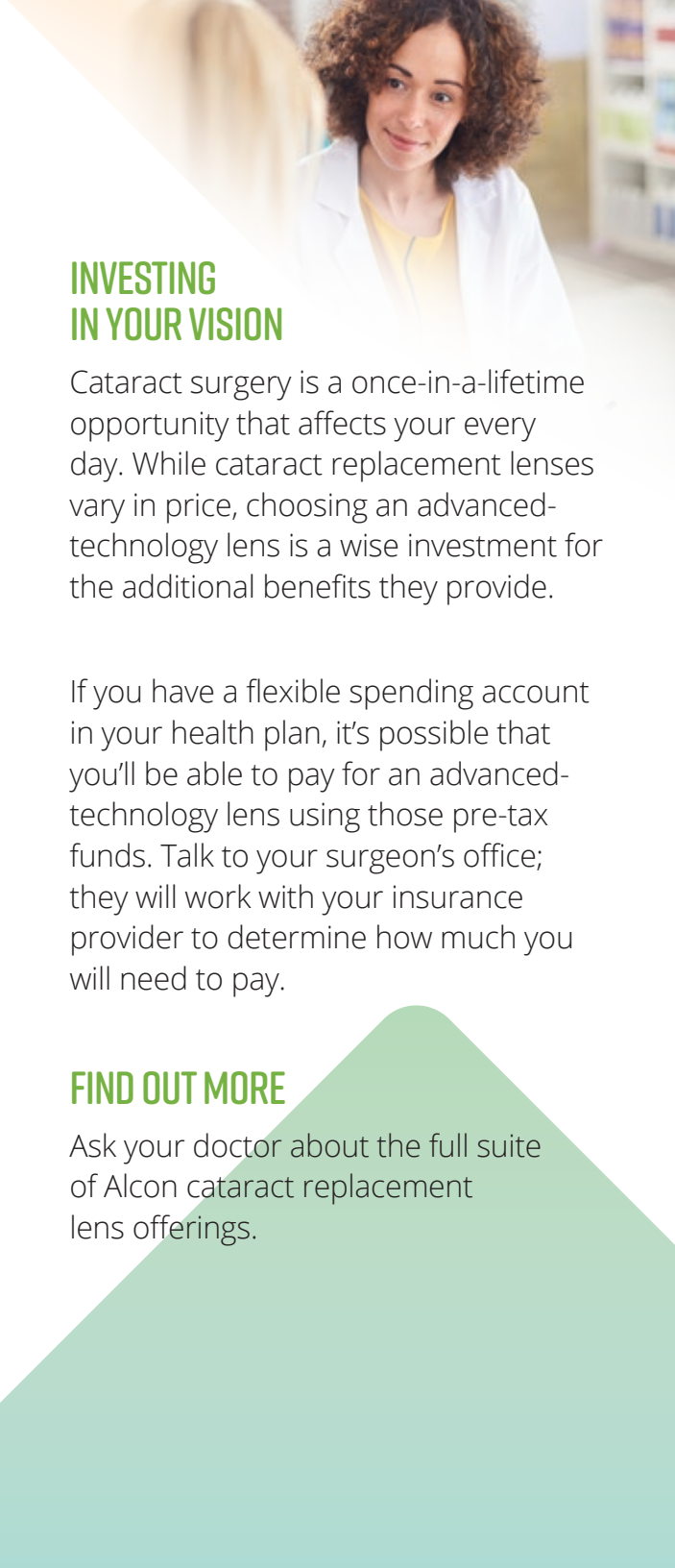
INVESTING IN YOUR VISION

Cataract surgery is a once-in-a-lifetime opportunity that affects your every day. While cataract replacement lenses vary in price, choosing an advanced-technology lens is a wise investment for the additional benefits they provide.

If you have a flexible spending account in your health plan, it's possible that you'll be able to pay for an advanced-technology lens using those pre-tax funds. Talk to your surgeon's office; they will work with your insurance provider to determine how much you will need to pay.

FIND OUT MORE

Ask your doctor about the full suite of Alcon cataract replacement lens offerings.



FREQUENTLY ASKED QUESTIONS

Q How long does cataract surgery take?

A Cataract surgery is an outpatient procedure that is usually completed within 10 to 20 minutes.¹⁰

Q How long does it take to recover from cataract surgery?

A Recovery time is based on the person and the case, but most people rest for a few hours after surgery. Your doctor may recommend that you wear a protective shield over your eye for several days.

Q Can I drive after cataract surgery?

A It's recommended that you don't drive for up to 24 hours after your cataract surgery, so you'll need to ask a friend or relative to drive you home.

Q Can I fly after cataract surgery?

A Most people are able to fly within a few days, but you should ask your doctor at your follow-up visit if you are cleared to travel.

Q Can I exercise after cataract surgery?

A Generally, you should avoid strenuous activities for a few weeks after cataract surgery. Talk to your doctor if you have questions about certain activities.

Q How long do cataract replacement lenses last?

A IOLs are very durable and usually last a lifetime.¹¹ The lens you choose will make a big difference in your vision after surgery. By investing in your vision, you're investing in your future.

REFERENCES:

Please refer to relevant product Directions For Use for complete list of indications, contraindications and warnings.

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